

Fremantle Primary School

Dates to Remember

Thursday 10 September - Assembly

Friday 18 September - Faction Athletics Carnival

(to be held at Stevens Reserve)

Tuesday 22 September - Parent Interviews

Friday 25 September - School Development Day

Update from the Principal

Kaya dear parents and carers

I hope this newsletter finds you and your families well. Beyond what we may see in the media, many of us have connections beyond our small community, so we know how fortunate we are to have children attending school in healthy environments. Next week is **National Child Protection Week**, and while we all prioritise our children's safety and wellbeing, there is an ever-present need to be aware of the changing terrain around the use of social media. Pre-COVID, we were working on getting someone to work with the school, and speak with the school community on cyber-safety. Things changed, but we will work with the P&C to make that happen. In the meantime, there are many resources to help guide you through this on the [Department of Education website](#). Other online resources are available on the [eSafety Commissioner website](#).

As a Department school, we have firm controls on internet access in the school. Students are required to leave mobile phones at the office for the day. We have very strict firewalls on our computers which prevent any access, or data exchange with, un-approved/inappropriate sites. Classes are regularly reminded about using the internet safely, and access resources like the ones linked above to learn more. You will also find these links for families on our [website](#) as well as a dedicated page to Protective Behaviours, which has the resource for parents that I shared in the last edition. This is an area we all need to work through together to ensure children are aware and able to engage online safely if/when needed.

A reminder that our school survey is currently live and awaiting your feedback. Please take a moment to share your reflections and thoughts with us. Here's the link and address:

<https://www.schoolsurvey.edu.au/s/cj8PeqJT/Login> and the survey code is **swDGKhFQ**.

The results of this anonymous survey will help with our school's self-reflection process and help improve how we work. We are also seeking your thoughts on the school direction, which is informed by our work with staff, students, the school board and a number of key documents. <https://www.education.wa.edu.au/strategic-directions>

So, be well and stay safe. Thank you, as ever, for supporting our staff and school, and for being awesome.

Go Freo (PS)

Adriano / Mr T, Principal

4 September 2020

Issue 13

- *Principal's message*
- *Assembly News*
- *Community News*

WEEK 10

National Week of Deaf People

**Stay tuned for
Further details
Of some exciting
Activities!**

Merit Awards Thursday 27 August 2020

Congratulations to the following students who received merit awards

PP1: Lola R & Matilda R

Room 1: Finn C, Charlie M & Arlo G

Room 2: Vinnie S & George G

Room 11: Hugo M

Room 12: William E, West P & Milla F

Room 14: Hazel C & Sky T

Room 5: Mark S & Aleks B

Room 6: Maya A & John C

Room 7: Laney S & Samu M

Room 8: Emmanuelle M & Flynn J

Room 9: Oscar M



Thanks to Bunnings O'Connor for supplying all the materials for these gorgeous Father's Day gifts some lucky dads will be receiving on Sunday. How beautiful do they look!

HAPPY LUNCH BOX

Healthy Lunches. Happy Kids. Happy Parents & Carers.

HOT HOMEMADE VEGGIE SMUGGLER MEALS (serving size approx. 225gr)

GREEN TRAFFIC LIGHT

Napolitana Organic Pasta w. Cheese*(v)	\$5
Vegetarian Fried Rice with Omelette & Veggies (v)	\$5
Red Lentil Coconut Dahl with Basmati (v)	\$5
Macaroni & Cheese (Cheddar Based) (v)	\$5
Swedish Meatballs w. 5-Veggie Napolitana & Organic Pasta	\$5
Bolognese Beef, Organic Pasta w. Cheese*	\$5
Bolognese Roo-Low-Carbon-Foot-print, Organic Pasta w. Cheese*	\$5
Butter Chicken (free range) w. Rice	\$5
Chicken Drumsticks Honey/Soy (Free Range≈150g)	\$4
AMBER TRAFFIC LIGHT	
Nachos Organic corn chips, Bean Salsa & Cheese*(v)	\$5
Sausage Roll (beef) Veggie Smuggler	\$5
Spinach & Ricotta Roll w Zucchini (v)	\$5

*Can be requested Lactose Free

WHOLEMEAL Toasties

GREEN TRAFFIC LIGHT

Ham & Cheese, Pineapple & Cheese (v), Double Cheese (v)	\$4.50
---	--------

MONDAY - THURSDAY - FRIDAY

T2 2020

Place orders by 9.00am Online: www.quickliq.com.au or Order Box by Kitchen

SUSHI 6pc with Icy Pole (Thurs. & Fri. & on-line orders only)

GREEN TRAFFIC LIGHT

SUSHI Chicken Teriyaki/ Cooked Tuna / Vegan	\$6.50
---	--------

SNACKS

GREEN TRAFFIC LIGHT

Corn on the cob	\$2.00
Fruit seasonal	\$1
Boiled egg (hard)	\$2
Nori Seaweed x 2 Sheets	\$2.50
Sunraysia (Organic 100% Fruit Juice Freeze)	\$2.50
Fruit straps (no additives - fruit only)	\$2.50
Fruit Frogs - Nice & Natural	\$2
Medium Muffin Chocolate (75gr) (Wholemeal)	\$2
Rice Wheels (Cheese flavour)	\$2
Air popped popcorn	\$2
Frozen Juicies Tubes (100% juice - no additives)	\$2.50
Frozen Low Fat Yoghurt	\$2.50

DRINKS

Ribena / Apple Juice / Chocolate Milk / Strawberry Milk	\$2.50
---	--------

BENTO BOXES (On-line orders only)

MONDAY ONLY - Macaroni & Cheese Bento Box

+Apple Juice
+Wholemeal Choc Muffin
+Cut Fruit or Veggie of the season
\$7

FRIDAY ONLY - SUSHI Bento Box (Chicken Teriyaki/ Cooked Tuna / Vegan)

+Apple Juice
+Wholemeal Choc Muffin
+Cut Fruit or Veggie of the season
\$7.50

PLUS two Surprises:

(Varies weekly): Popcorn, Pretzels, Biscuits, Rice Crackers, Seaweed, Mini Choc Pudding, Mini Jelly Cup, Weetabix Clusters w. Berries, Mini Frozen Yogurt, Raisins etc.

For Communication, Updates, New Menu Items & Recipes: Facebook HAPPY LUNCH BOX



National Science Week at FPS

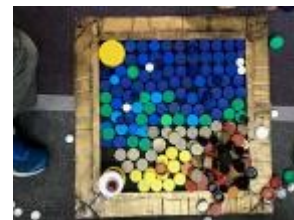
The theme of this year's Science Week was **Deep Blue**.

To continue Ms Maddy's great work happening in Science classes across the school, Dr Jennifer Pearson, long-time member of our school family community, came in to run a lunchtime session with the students.

They created pictures using bottle tops based on marine themes, photographed them and then dismantled them to re-use the bottle tops!

Dr Pearson has offered to come back for more special lunchtime Science activities. Can we take this opportunity to thank Jennifer and Melissa (school parent) for sharing their time and passion for Science and learning,

For some ideas for the home, have a look at the National Science Week [website](#).



EDU-DANCE 2020

Our 2020 Edu-Dance Concerts will be held on Wednesday 16 September. After much thought, it has been decided to have a parent audience at the concerts. Physical distancing guidelines will apply. Please be aware that due to less Undercover Area space and Covid-19 guidelines, parent seating will be very limited. We have changed the direction of the concert to open up more 'standing room' for parents.

The children have been fantastic in practice and the concerts are sure to be an absolute highlight of their year! The concert details are as follows:

CONCERT 1 (BLUE) 1.30pm – 2.05pm – PP1 – ECE1 (Miss Pearson), Yr 1 - Rm 12 (Ms Plais-towe), Yr 2 – Rm 2 (Miss Goodrick), Yr 2/3 - Rm 5 (Mrs Bain),) Yr 4/5 – Rm 7 (Mr Holloway), Yr 5/6 – Rm 8 (Mr Da Silva), Yr 5/6 – Rm 9 (Mrs Brierty / Ms Wittenoom)

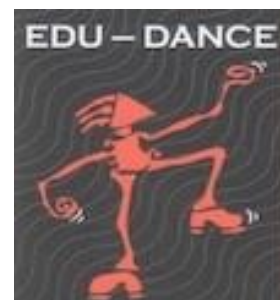
Break 2.05–2.20 pm: Classes from Concert 1 leave the UCA and return to their classrooms. Concert 2 classes seated.

Could any parents not having children performing in Concert 2, please give up seats for parents of children in Concert 2. Thanks.

CONCERT 2 (GREEN) 2.20pm – 3.00pm – PP2 – ECE2 (Mrs Kurasho), Yr 1 – Rm 11 (Mrs Covich), Yr 2 – Rm 1 (Mrs Bolas / Mrs Bhatt), Yr 3 – Rm 6 (Mrs Jones / Mr Hood), Yr 3/4 Rm 14 (Miss Burmas), Yr 5/6 – Rm 8 (Mr Da Silva), Yr 5/6 – Rm 9 (Mrs Brierty / Ms Wittenoom)

All classes will have an early lunch on concert day to fit both concerts in after lunch. Please note that our Yr 5/6 classes will perform at both concerts.

*** If there is a parent (with the skills and equipment) willing to video both concerts, please let me (Mr Sachse) know as soon as possible. We can reserve a seat for you and hope to be able to provide a video of the dances for parents either unable to attend the concerts or those having a restricted view on the day. Thanks.



Information for parents

What to bring:

- ✓ Children are required to bring morning tea and lunch - we provide afternoon tea. We are an allergy aware centre so, please, no nut products
- ✓ Children must wear sun smart clothing with a hat and sunscreen and sensible shoes to run/climb
- ✓ Children will need a water bottle, bag and a change of clothes so that they can participate in "messy" and water play
- ✓ Any medications your child may require including epi pens or ventolin

Please make sure:

- ✓ You have filled in a booking form and signed it
- ✓ You have an up-to-date enrolment form
- ✓ Your fees are paid prior to the commencement of the program
- ✓ You have notified staff of any medical conditions your child may have

Fremantle address

Wanslea
1 Brennan Street, Fremantle
Mob: 0417 036 195

All booking forms to be sent to:
fremantle@wanslea.asn.au

Wanslea main office

110 Scarborough Beach Road
Scarborough WA 6019
Tel: (08) 9245 2441
Email: support@wanslea.asn.au
Website: www.wanslea.asn.au

This service operates under the Education and Care Services National Regulations 2012 and all Wanslea OSHC services are assessed and rated by the Education and Care Regulatory Unit.

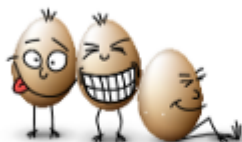
Vacation care at Fremantle



September/October Vacation Care
28 September to 9 October 2020

Monday 28 September

Public Holiday
Centre closed



Tuesday 29 September

Bibra Lake Regional Park
Excursion - lunch provided
9.00am - 3.00pm



Wednesday 30 September

Picnic & Gardening day

In centre
Join us for a day full of gardening and a spring picnic



Thursday 1 October

Latitude & Mawson Park

Excursion 9.00am - 3.00pm
Join us for a day of bouncing and climbing at Latitude



Friday 2 October

Sports Carnival Day

In centre
Get your running shoes on and get ready for a day full of sports!



Monday 5 October

Perth Zoo

Excursion - 9.00am - 3.00pm
We're going to the zoo and you should come too!



Tuesday 6 October

Spineless Wonders

Inursion
Get up close with these amazing insects and explore the spineless wonders of the world



Wednesday 7 October

Timezone

Excursion
9.00am - 3.00pm



Thursday 8 October

Space Day

In centre
Come on a journey through space



Friday 9 October

Pamper Day

In centre
Sit back and relax and enjoy a day of pampering



- ✓ On excursion days please ensure your child is at the service no later than 8:45am
- ✓ Your child requires a packed morning tea and lunch everyday unless otherwise specified on the program
- ✓ Please return your signed booking form by 18 September
- ✓ All fee's must be paid advance

Keep up to date for our next program running in January 2021 by emailing fremantle@wanslea.asn.au



Department of Education

VACSWIM 2020

Get ready for summer

Help your child stay safe and be confident in the water.

Enrol now for October holiday swimming lessons. Perfect for beginner, intermediate and advanced swimmers.

5 days – child \$16, family \$41
9 days – child \$30, family \$81
*Concessions available.

Enrolments close 23 August 2020
Visit education.wa.edu.au/vacswim

VACSWIM SWIMMING LESSONS

Enrolments are now open for VacSwim swimming lessons during the October and December/January school holidays.

October is a great time to get your children ready for summer and January offers fun lessons at beach or pool locations during the long break.

Your children can start as young as five years old.

Enrol your children in VacSwim now at education.wa.edu.au/vacswim




SUPPORT OUR SCHOOLS PROGRAM

Support Our Schools - SOS Program

Gilbert's Fresh Market will donate 1% of the money spent by you to your nominated school every time you shop with us.

Don't delay! Join our SOS Program today!

- Sign up in store
- Present your SOS Card for scanning at the checkout each time you shop
- Start to earn the benefits for your school straightaway

Get your entire school community involved and earn more funds for your school.



GILBERT'S FRESH MARKET

Open 7 Days

Gilbert's Fresh Market

www.gilbertsfresh.com.au



PERTH SCORCHERS PLAYCRICKET carnivals

WACA Carnival Day

DATE : Sunday | 30th August 2020 | 1PM – 4PM
VENUE : WACA Ground
COST : FREE !!

Hip Hop classes Esports Silent discos
** Player appearances **

Airbrush tattoos 'Batfast' Inflatables

South West Metro Junior Cricket Association Playcricket Hub ** Player appearances **

DATE : Friday | 4th September 2020 | 4:30PM – 6PM
VENUE : Tompkins Park, ALFRED COVE
COST : FREE!

Cricket activities
Meet your local club & register

To register & find out more, go to :
<https://www.perthscorchers.com.au/play>

FOR MORE INFORMATION CONTACT
Cherie Pirnie
E | Cherie.Pirnie@waca.com.au
M | 0427 830 068





cricket@hpjcc.org.au Wayne 0419933385



YOGA & ART

From \$35 / child. Limited spots!

Booking and Info at www.yogazeit.com.au



Book now at codecamp.com.au