

# Fremantle Primary School



## Dates to Remember

**Thursday 9 April - Last day of Term 1**

**Friday 10 April - Good Friday**

**3 April 2020**

**Issue 5**

- *Principal's message*
- *Assembly News*
- *Crazy Hair Day*
- *Connect information*

## Update from the Principal

Kaya everyone,

Our last newsletter instalment for Term 1, 2020—I thought it worthwhile remembering some highlights. We have transitioned to using Connect for notifications, noting absences and gaining a window into classrooms. While classrooms will use this platform more as the year progresses, we know that relationships are fostered more through face-to-face and individualised contact. Our collective challenge is to keep that connection going.

The P&C had their welcome picnic, launched a cook book and we now have a Fathering Project presence growing to help foster more connections within families. Our School Board has celebrated the addition of new members, and the election of a new board chair, Laura Pengelly. We had a great start to the year, with lovely new classes and some fabulous assemblies. We were fortunate to have our school photos early this year, so students now have photos of their school mates that they can have up on the fridge or in their bedroom.

Keeping up connections is going to be more important than ever as we move forward. Our families might be spread out over a distance, which is another huge challenge. For me, communicating and connecting with my loved ones is going to be essential, be it with teddy's in the windows, yummy food deliveries or scheduled Zoom chats.

There may be a lot of energy being used up at the moment in not knowing what will happen next week, or next term. Over time, as we become accustomed to the new norm and understand what resources we can utilise around us, that picture will become clearer and that energy will become even more positive and sustainable.

Next term, we will be checking in with your children at least once a week. Admin will still be available for questions and support. Shayne is still available for check-ins. Learning will continue, and it will look different. We will all need to adjust to this new way of teaching and learning, being and doing. This will require some patience and flexibility, but know that we are here and will be working hard to continue the learning of your children. That is our job and we are dedicated to that goal.

Be well, and Go Freo(PS)

Adriano

**Please download the  
Connect Now app on  
your phone.**

**All Newsletters will be  
published via  
Connect**

**Please contact the  
office if you have not  
received your log in  
details for Connect**



## Merit Awards Thursday March 2020

Congratulations to the following students who received merit awards

PP1: Charlie A, Matilda B, Elsie M and Marley N

Room 1: Neko B and Charlie M

Room 2: Izack C

Room 11: Torin R

Room 12: Caleb N

Room 14: Mahli S and Thomas E

Room 5: Wiremu K and Amelia T

Room 6: Ries J, Livia K and Ella P

Room 7: Liliana A and Toki A

Room 8: Edward W

Room 9: Will R

### CLOSURE OF CANTEEN AND UNIFORM SHOP

Unfortunately due to government regulations, the school uniform shop and canteen, The Happy Lunch Box , are closed until further notice.



### Meeting the Challenge of Coronavirus

Based on the Parenting by Connection approach taught by Hand in Hand Parenting, this workshop aims to support parents by helping them gain an understanding of how the tools of Special Time and Listening Partnerships can be especially helpful during the Coronavirus Pandemic.

**Event Details**

<b>When</b>	Wednesday 8 <sup>th</sup> April 2020 7.30-9pm
<b>Where</b>	Online using Zoom
<b>Cost</b>	Free Contact <a href="mailto:Belynda.smith@meerilinga.org.au">Belynda.smith@meerilinga.org.au</a> to book your place.

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## SOME OF OUR CRAZY HAIR STUDENTS TODAY—AT SCHOOL AND FROM HOME

Many thanks to those who sent us their photos. You all look awesome!







## Frequently asked questions:

Will I be notified when a new notice has been published?

Yes. Each time a new notice is published by school staff, an email is automatically sent to your designated email account. The message is included in the email, however if you wish to access the images or files that are attached or add a comment (if the teacher has encouraged you to respond), you will be required to log onto Connect. Alternatively, you may download the free Connect Now app from Google Play or the Apple app store to receive the notifications on your phone.

- What if I don't really use email?

The Connect Now app enables parents to use their login details and stream all of the notices and discussions to their personal mobile device. The app is free and can be downloaded from the Google Play Store or the Apple App Store.

- Can I reply to messages?

The teacher will sometimes invite you to respond to messages. When this happens a Comment button will be visible under the Connect Notice. You can respond either by logging into Connect or through the Connect Now app.

- Who else sees the class notices?

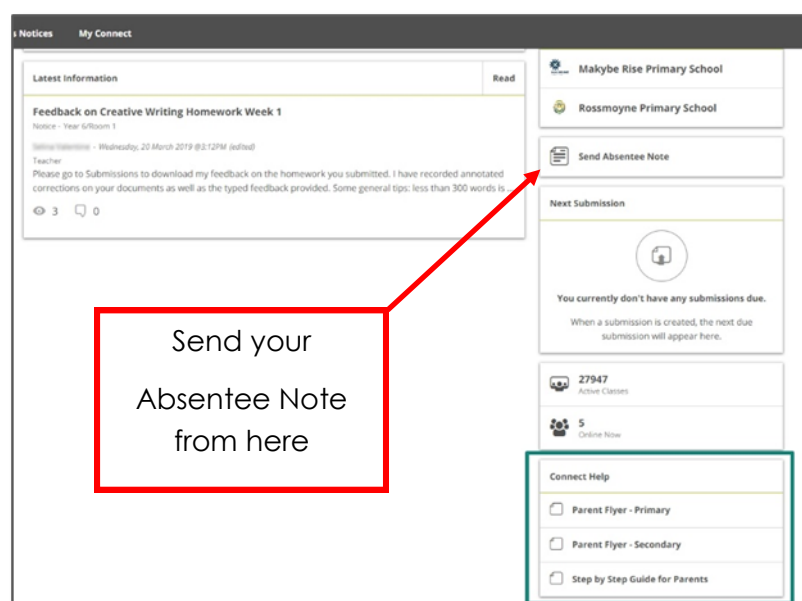
Only students and parents attached to a teacher's class are able to access and read class notices.

- What if I forget my login details?

You are able to set verification questions to reset your own password or if you prefer contact the school if you forget your login details.

- Where can I get more information?

Additional information is available as flyers at the bottom of on the Connect landing page under the heading Connect Help.



Many young people are anxious about what is happening in our communities at the moment. They may be worrying about their families, especially their grandparents. Their behaviour may have changed. They may not be sleeping as well. If they have existing mental health issues, these may be more challenging for them.

## In these uncertain times, we're here to help

**b.kids Psychological Services is a group of fully qualified Registered Psychologists who work with students, their schools and their families or caregivers to provide high quality support for the mental health and well-being of young people, so that their education can progress as smoothly as possible.**

We have been working with schools for many years now. Because we offer a bulk billing outreach service, this means young people have been able to access support without having to leave the school campus and at no cost to their schools, families or caregivers. Costs are covered through Medicare. At the moment, students can access up to 10 individual sessions and up to 10 group sessions per calendar year.

Now that many are at home as the community responds to our new state of affairs and schools plan closures and semi closures, we'd like you to know that we can continue to offer the same services via Telehealth, which enables you and your child/ren to attend an appointment via video conferencing or phone.

We will be in touch with our existing clients to discuss how this works. We invite medical practitioners, schools, families and caregivers to get in touch with us to discuss new referrals.

### **Or simply follow these easy steps:**

Make a booking with your GP to discuss a Mental Health Care Plan (MHCP)

Arrange to have the MHCP emailed to [info@bkids.com.au](mailto:info@bkids.com.au)

b.kids will email a Client Intake Form to be completed before the first appointment

You will then be contacted by one of our qualified psychologists to discuss that first appointment

Initially, Medicare covers 6 sessions. Your psychologist will then complete a treatment report for your doctor. A further 4 sessions may be accessed if your GP puts a Review Mental Health Care Plan in place.

## We welcome any questions you may have

**Please feel free to contact us:**

**Sandra on 0439 971 814**

**Ana on 0411 811 535**

**Email to [info@bkids.com.au](mailto:info@bkids.com.au)**

