

HAPPY LUNCH BOX

Healthy Lunches. Happy Kids. Happy Parents & Carers.

SUBSCRIPTIONS

Meal & Drink x10.....\$55
Main Meals x10..... \$45

WEEKLY SPECIALS

Full Menu Also Available

THURSDAY Taco Buffé



FRIDAY Sushi Selection



THURSDAY Taco Meal Buffé:

Hard/Soft Jumbo Shell w. Beef Mince & Cheese
Self-serve: Corn, Cucumber, Capsicum, Lettuce,
Carrot, Homemade Salsa & Sour Crème.
Incl. Apple Juice & Fruit of The Season.....\$6.50

FRIDAY Sushi (Order by Thursday 12.00)

SUSHI - Chicken (free range).....\$5
SUSHI - Vegetarian & Dairy Free.....\$5
SUSHI - Tuna (cooked).....\$5
MISO Soup.....\$2

Self-Serve: Soya, Kewpie Mayonnaise and Wasabi

DRINKS BY THE CUP

Milk (Full fat) (200ml).....\$1.50
Apple Juice (Low sugar) (200 ml)..... \$1.50

MAIN MENU

HOT HOMEMADE VEGGIE SMUGGLERS

GREEN TRAFFIC LIGHT

Bolognese (organic pasta) w. Cheese*\$5
Napolitano (organic pasta) w. Cheese*(V) \$5
Butter Chicken w. Basmati Rice..... \$5
Nachos (organic corn chips) Bean Salsa & Cheese*...(V) ..\$5
**Can be requested Lactose Free*

WHOLEMEAL BREAD & TOASTIES

GREEN TRAFFIC LIGHT

Ham & Cheese.....\$4.50
Double Cheese.....(V) \$4.50
Chicken Breast (free range) & Cheese.....\$4.50
Fruit Toast w. Butter(V) \$3

SNACKS

GREEN TRAFFIC LIGHT

Corn on the cob (Warm. Self-serve of Butter).....\$2.50
Fruit seasonal.....\$1.50
Nori Seaweed x 2 Sheets.....\$2.50
AMBER TRAFFIC LIGHT
Fruit straps (No additives - fruit only).....\$2.50
Mooseie (various Flavours)\$2.50
Smooze (various Flavours).....\$2.50

Place orders in Order Box by Kitchen or Online: www.quickcliq.com.au

HAPPY LUNCH BOX FREMANTLE
for ongoing Deals, Updates & News.

