



HAPPY LUNCH BOX

Healthy Lunches. Happy Kids. Happy Parents & Carers.

HAPPY LUNCH BOX

Home Cooked Nutritious Food.

All our Pasta is Organic.

All our Chicken is Free Range.

No Added Sugar or Preservatives.

MSG Free.

No Additives or Colours

Gluten Free.

Mark Bag with Red GF Sticker.

Lactose Free

Mark Bag with Blue GF Sticker.

HOT LUNCHES – All Homemade

Pasta Bolognese.....	\$4.50
Nachos Salsa, Black Bean & Cheese.....	\$4.50 (V)
Butter Chicken w. Basmati Rice.....	\$4.50
Homemade Sausage roll w. hidden veggies.....
Homemade Sausage roll w. hidden veggies.....	\$4.50

Pizza* (Homemade Tomato Base)

Ham, Cheese, Capsicum, Onion & Sweetcorn.....	\$4.50 (V)
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*Available as Vegetarian

TOASTIES

Ham & Cheese.....	\$4.50
Chicken Breast & Cheese (Free range & Poached).....	\$4.50

SANDWICHES

Ham, Cheese & Salad*.....	\$3.50
Chicken (Free Range Breast), Cheese & Salad*.....	\$3.50
Cheese & Salad*.....	\$3.50 (V)

*Lettuce & Cucumber

WRAPS

Ham, Cheese & Salad*.....	\$4.50
Chicken (Free Range Breast), Cheese & Salad*.....	\$4.50

*Lettuce & Cucumber

SNACKS

Veggie sticks & Hummus (homemade).....	\$2.50
Natural Yoghurt with Frozen Fruit.....	\$2.50
Jelly Cup with fresh fruit.....	\$2.50

Popcorn Air popped with Himalayan Rock Salt.....	\$1.50
Fruit straps (No additives – fruit only).....	\$1.50
Fruit seasonal.....	\$1
Moosie.....	\$1.50

DRINKS

Water (250ml).....	\$2
Milk (Full fat) (250ml).....	\$2
Kids Nudie.....	\$2.50

HOMEBAKED GOODIES OF THE DAY

Variation of Healthy Baked Goods.....	\$2 (V)
Fruit of The Season.....	\$1

Opening days: Wednesday and Fridays.

Grand Opening: Wednesday 16th August. (No Friday 18th August due to School Development Day)

Order: Wednesday 16th August: Over the counter only.
Monday 21st August (Week 6) onward: Over the counter and online. Register at www.ouronlinecanteen.com.au